



HOLTER MONITORING (24HR-14DAYS)

WHAT IT IS

- ♥ Continuous ECG monitoring allowing for the detection of arrhythmias (abnormal heart rhythms).

PREPARATION AND DURATION

- ♥ There is no preparation for holter monitoring.
A holter monitor hook-up takes approximately 15 minutes.

WHAT TO EXPECT

- ♥ A technologist will bring you into the testing room and explain the test. You will be given a Patient Responsibility Form to review and sign in order to take the monitor.

ECG electrodes and a monitor will be placed on your chest. You will wear the monitor continuously for the length of time indicated on your Referral.

You cannot shower or bathe for the duration of the testing.

Wireless monitors are available for holter monitoring lasting 7-14 days.

RESULTS

- ♥ The results of the holter monitor will be reviewed and reported by a Cardiologist. The final report will be sent to your family physician.